

112 Essentials Pack



112 essentials pack 03/30/2016

By tayari danielle lynch

I am on my 2nd month and starting to feel a subtle change in my well -being. My chiropractic recommended the Pack and wants it to be my daily regimen. One thing I did see in the first month was more energy and my skin wasn't as dry. Check back with me in about 6months



112 essentials pack 01/26/2016

By Michael G Pappas

I've been taking the vitamins for about 6 months now, and I must say i have notice I'm sleeping better, not getting up in the night to use the bathroom. Overall I feel better, more energy and quicker recovery time from hard work outs at the gym. I gonna be 52 this year and I don't think I've ever felt this good!!!



Satisfied 11/17/2015

By R. Watson

This allows me to take the product without mixing lots of water like other products on the market. If you are looking for a quality line of nutrients, then this is it. If I were to add anything it would be more nutritional facts such as amounts of each nutrient. Some of us may increase 1 or more thing in order to target certain issues we want to address in our bodies. And, if you have shopped around, I am sure you can see the prices are outstanding. Otherwise, I am sold and a satisfied customer.



What a way to start your day! 08/13/2015

By lawrence sarratt

I don't start a day without them! However I have substituted trace minerals for liquid minerals and added calcium!



112 Essentials Pack 07/27/2015

By Loretta Powers

I do like the vitamins and the minerals. It took a while to get used to them being so concentrated. I use a dropper and take a small quantity every few days. Since I eat a vegan and organic diet my health is beyond reproach. Once in a while I'll take an Omega 3. For me your products are health insurance. I wouldn't rely on any other type of insurance concerning health.



112 Minerals Vitamins, Amino Acids and EFA's 07/11/2015

By Carmen D Laguna

I am pleased and happy with your product. After I started taking it, I noticed less pain on my lower back and legs. I had much more energy than I had previously. I slept better also. All around your product did much good and I plan to reorder as soon as I have some funds.



Easy Essentials 03/10/2015

By Diane Sessler

I was tired of having an entire shelf dedicated to vitamins, while still missing many of the essential vitamins and minerals my body needs for optimum health. Not to mention the confusion in trying to put it all together. 2 bottles in the fridge, and one on the shelf. My old vitamin shelf is mostly clear and I no longer have to worry about how to incorporate all of the things I'm missing. 90 essentials for optimum health. Easy and palatable! Thank you Alpha Health!



112 essentials pack 02/27/2015

By Elvia Gza Gonzalez

Just recieved the product would like to apoligize for the bad review earlieir...i love it and canr wait to start with my minerals..



Great for the whole family! 02/05/2015

By Angie

I have purchased this pack a couple of times and will continue to do so. I take the regular adult dosage and give my girls ages 2 1/2 and 6yrs old half of the adult dosage. Mix it in with a little juice and they drink it down easily. We just call it our "juice party". Makes it fun. I always get fast shipping from the company and have been very satisfied with the price and quality of the products. Liquid vitamins and minerals are the way to go! Quickly absorbs in the body.



Almost Perfect 01/10/2015

By John Brockbank

I am very happy with the vitamins and minerals provided in your 90 Essentials Pack. Taking the supplements in this manner is far superior to any other liquids or pills I have used, and I am already feeling greater energy and stamina in just a few weeks' usage. Actually, maybe a rating of 4-3/4 stars, upgraded through a different procedure: The only negative I have found is that the Omega 3-6-9 Support leaves a somewhat unpleasant aftertaste with the gases produced as it breaks down in the stomach. Fortunately, my friendly chiropractor advised that I can avoid the fishy burps by keeping the omega pills in the freezer, because frozen, the pill does not dissolve until it has reached the small intestine. Unless the freezing would destroy the positive effects the pill is supposed to deliver, perhaps you should advise all users to keep the pills frozen until consumed. Thank you for the great products at a very reasonable price!



Thanks for great service 11/25/2014

By Paul Merkel

Easy to order and received three days Later! great, great, great



Retired 08/28/2014

By Charles Harris

I am satisfied with 90 Essentials Pack, I enjoy how easy to consume, I have suggestion to replace cups with a dropper suction calibrated for the correct dosage. The cups get cracked during shipping and handling, I have cup from kids medicine. Thanks a Lot!



Rev Mark Berney 08/16/2014

By Mark Berney

It's been a real awakening as I've experienced the positive effects of the 90 essentials. I feel better, my appetite was curbed, and my desire for snacking and late night foraging for food all but disappeared. It's apparently true that when you give your body what it truly needs you won't be craving for what it doesn't need, I've only been on the products for 70 days and I'm so glad I stepped out and did it. Actually now I've expanded to the seniors pack for the extra benefits of this calcium product you've added. I recommend this products to all my friends with nearly a dozen already taking them with great results. I didn't take these items for appetite issues but for general health, who would have thought that good general health affects your appetite so positively.



112 Essestials Pack 08/13/2014

By Dorothy Archuleta

It has only been a couple of week and already I feel amazing results. I am so glad I found your products and will highly recommend!



Mrs. 08/12/2014

By Pat Perry

My husband and I have been on this for about a month and a half. I was worried about the taste because it was liquid but I mix it with orange juice and it's fine. Can't really tell much difference yet but will give it the 90 days.



Pastor 06/28/2014

By Mark Berney

We've been on the 90 Essentials pack now for nearly two weeks and are experiencing noticeable positive improvements in the way we feel. We are already recommending the products to our family and friends.



112 Essentials Pack 03/26/2014

By Elizabeth Mills

Really like the liquid vitamins as I have had a peg tube for the last five years and am unable to swallow. Very convenient and much less than I was paying elsewhere. I am a believer and I am so glad they are in liquid form. Thank you!